

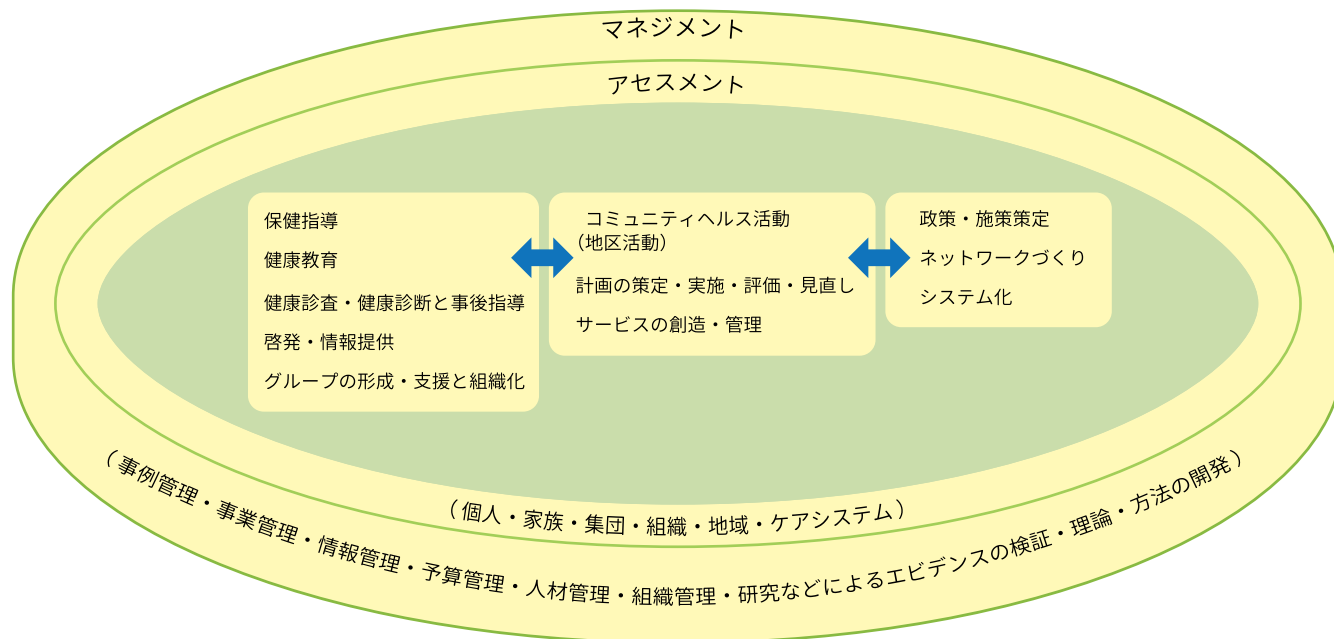
■ 公衆衛生看護の目的

自らの健康や QOL を維持・改善する能力の向上及び対象を取り巻く環境の改善を支援することにより、健康の保持増進、健康障害の予防と回復を促進し、もって人々の生命の延伸、社会の安寧に寄与すること

■ 公衆衛生看護学の目標

公衆衛生看護実践の向上に寄与する知識・技術、規範並びに理論の生成やその発展

公衆衛生看護学方法論



公衆衛生看護学対象論

各ライフステージにある人々
脆弱性・リスクを持った人々

ケアシステム

コミュニティ（集団・組織・地域）

公衆衛生看護学原論

保健師の定義と使命

公衆衛生看護の理念

公衆衛生看護の倫理

公衆衛生の基礎科学

疫学

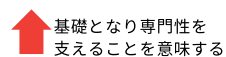
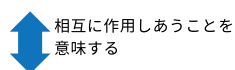
保健統計

環境と保健

行動に関する科学と保健

保健医療政策

看護学と看護の基礎科学



≫ 公衆衛生看護学の体系化の背景と意義

日本公衆衛生看護学会は2014年に「公衆衛生看護関連の用語の定義」を取りまとめました。その中で、「公衆衛生看護学とは、公衆衛生看護実践の向上に寄与する知識、技術、規範並びに理論の生成やその発展について考究する学問である」と定義しています。学術実践開発委員会はさらに、公衆衛生看護学の体系を明らかにすることに取り組み、下記の体系を学会として承認しました。

公衆衛生看護学の体系を明文化することは、社会の公衆衛生看護学への理解を促すだけでなく、保健師の基礎教育や継続教育への寄与が期待できます。

≫ 公衆衛生看護学の体系（2017年度版）

公衆衛生看護学の体系は、①看護学と看護の基礎科学、②公衆衛生の基礎科学、③公衆衛生看護学原論、④公衆衛生看護学対象論、⑤公衆衛生看護学方法論 から構成されています。

①看護学と看護の基礎科学は、看護師として実践活動を行うための知識・技術・能力を養う学問です。看護学自体が学際的な学問であり、医学を基盤に置き、薬学、心理学、社会学、福祉学などの影響を受け、統合する形で形成されています。

②公衆衛生の基礎科学は、公衆衛生の実践を行うすべての専門職（医師、歯科医師、保健師、管理栄養士等）に求められる知識・技術・能力を養う学問であり、疫学、保健統計、環境と保健、行動に関する科学と保健、保健医療政策で構成されています。

③公衆衛生看護学原論は保健師の定義と使命、公衆衛生看護の理念、公衆衛生看護の倫理について考究することが含まれます。

④公衆衛生看護学対象論は、公衆衛生看護が働きかける対象である、各ライフステージにある人、あらゆる健康レベルにある人々、脆弱性・リスクを持った人々や家族だけでなく、集団・組織・地域、ケアシステムについて、対象を適切に理解し、アセスメントするためのものです。公衆衛生看護学ではこれらの対象が相互に作用するものととらえ、個人・家族とコミュニティの健康課題の連動を見据えて対象を理解します。

⑤公衆衛生看護学方法論には、主に個人や家族を対象にする場合の方法、コミュニティを対象にする場合の方法、ケアシステムの形成や調整を行う場合の方法の3つの方法があると考えられます。公衆衛生看護活動においては、対象をアセスメントし、その状況に応じた適切な方法を選択し、組み合わせて支援を行います。そのため、公衆衛生看護学対象論と公衆衛生看護学方法論は密接に関係しています。

The System of Public Health Nursing Designed to "Creating a Society Where Everyone Can Live Healthy" (By JAPHN 2017 edition)

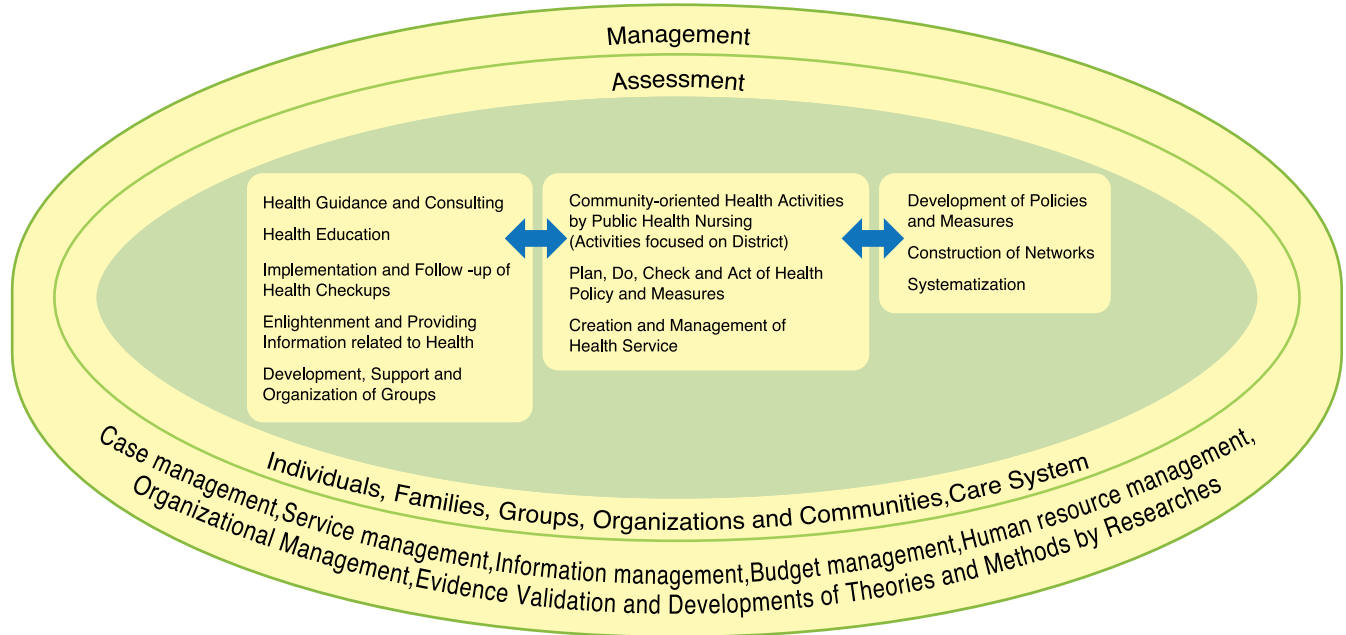
■ Purpose of Public Health Nursing

The purpose of public health nursing is to contribute to the well-being of society and to extend further the life expectancy of individuals by promoting and maintaining health as well as the prevention of and recovery from health problems. This purpose is achieved by supporting recipients that improve their ability to maintain and develop their own Health and quality of life by improving the surrounding environment.

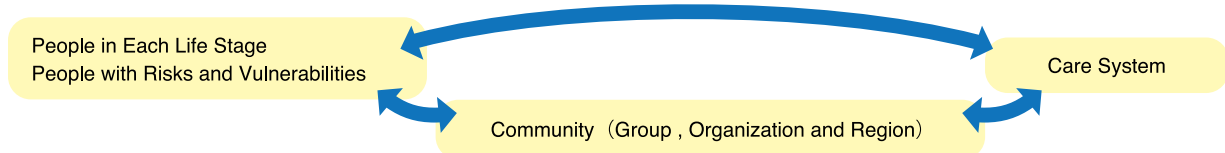
■ Goal of Public Health Nursing Science

Developing and Improving the knowledge, skills, norms and theory building that ontribute to improve public health nursing practices.

Methodology of Public Health Nursing



Theory for Understanding Target Recipient of Public Health Nursing



Principles of Public Health Nursing

Definition and Missions of Public Health Nurses

Philosophy of Public Health Nursing

Fundamental Sciences of Public Health

Fundamental Sciences of Public Health

Epidemiology

Health Statistics

Environment and Health

Behavioral Sciences and Health

Health Care Policy

Nursing Sciences and Fundamental Sciences of Nursing



It means mutual action.



It means to be the foundations and to support expertise

>> Background and Significance of Systematization

In 2014, the Japanese Academy of Public Health Nursing announced the definitions of “public health nursing” and “science of public health nursing.” We defined the science of public health nursing as an academic discipline that studies the generation and development of knowledge, techniques, norms, and theories that contribute to improve public health nursing practice.

The clarification of the system of public health nursing is expected to help improve societal understanding of the science of public health nursing, as well as contributing to advancements in public health nursing activities and the education for public health nurses.

>> The System of Public Health Nursing Science (2017 Edition)

The system of public health nursing science comprises 1) Nursing Science and the Fundamental Science of Nursing, 2) Fundamental Sciences of Public Health, 3) Principles of Public Health Nursing Science, 4) Theory for Understanding Target Recipients of Public Health Nursing, and 5) Methodology of Public Health Nursing.

1) Nursing Science and the Fundamental Science of Nursing is an academic field that cultivates knowledge, skills, and the ability of practitioners to practice as public health nurses. Nursing itself is an interdisciplinary field based on medicine, but influenced, integrated, and formed alongside pharmaceutical science, psychology, sociology, welfare science, etc.

2) Fundamental Science of Public Health is an academic field that cultivates the knowledge, skills, and abilities required of all public health professionals (medical doctors, dentists, public health nurses, nurses, administrative nutritionists, etc.).

It includes epidemiology, health statistics, the interaction of environment and health, behavioral science and health, and health care policy.

3) Principles of Public Health Nursing Science is an academic field that defines the mission, philosophy, and ethics of public health nursing professionals.

4) Theory for Understanding Target Recipients of Public Health Nursing is means of assessing and understanding the characteristics of recipients of public health nursing. The recipients of public health nursing services include individuals and families at each life stage, people at all health levels, people and families with risks and vulnerabilities, communities (group/organization/region), and care systems. In public health nursing science, these recipients are regarded as interacting with each other, and understanding with in mind on the linkage between individuals / families and community health issues.

5) Methodology of Public Health Nursing includes three main methods: a method mainly for individuals and families, a method for targeting communities, and a method for forming and adjusting care systems. Every time public health nurses use some methods, the assessment of the recipients and the management are used.

The public health nurses assess their subjects, after which they select and combine appropriate support methods, according to the situation. Therefore, in practice, the Theory for Understanding Target population and the Methodology of Public Health Nursing are closely related.